

## You have tested positive for coronavirus (COVID-19)

It is important that you self-isolate immediately and book a follow-up PCR test on [www.coronaprover.dk](http://www.coronaprover.dk) as soon as possible. A PCR test shows if you are infected with a particular virus variant.

**We have received your name, CPR number and telephone number from the test centre and we will call you as soon as possible. If we do not reach you within a few hours, please call us at +45 32 32 05 11 – press 1. You can call us between 8 am and 10 pm every day of the week, including weekends.**

To stop the spread of infection, the Danish Patient Authority will help you find and inform those you may have infected – your close contacts. Please start informing persons that you know have been close to you. They must self-isolate and get two tests, on day 4 and day 6 after their last contact with you.

NOTE: If the close contact has been fully vaccinated (2 injections)

If the close contact has been fully vaccinated and 14 days have passed since the last injection, and the close contact has no symptoms, he or she does not need to self-isolate. The close contact is still required to get the two tests four and six days after the last exposure.

### You must self-isolate

Self-isolation means that you avoid contact with other people:

- Stay at home. Do not leave your home to go shopping or go to work.
- Avoid physical contact with your family or people that you live with. If possible, use a different bathroom.
- Cancel all visits.

The duration of your self-isolation depends on whether or not you have any symptoms of COVID-19. We will guide you on this.

If you cannot isolate from your family or the people you live with, e.g. because your home is too small, or if you live with someone at higher risk from coronavirus, you may be offered a voluntary stay at an isolation facility outside your home. If you need this, you must contact your municipality. We can guide you on this.

### Find out who your close contacts are

You must find out who you have been close to during the time you may have infected others – at home, at work and in other places.

- If you **have symptoms**, find out who you have been close to 2 days before your symptoms began and until you self-isolated.
- If you **do not have symptoms**, find out who you have been close to 2 days before you were tested for coronavirus until now.
- If you **have developed symptoms after you were tested**, find out who you have been close to 2 days before the test until now.

You should inform **your employer** that you have coronavirus. If your child has coronavirus, inform their **school or daycare**.

Read more about self-isolation and close contacts in [the Danish Health Authority's guide on what to do when you have tested positive for coronavirus](#).

You must inform your close contacts that they should self-isolate and get tested

You must tell your close contacts that:

- They may be infected with coronavirus
- They must self-isolate

Close contacts must normally get 2 tests, one test on **day four** and one test on **day 6** after the last time they were close to you. There are PCR tests and rapid antigen tests. **Close contacts must get PCR tests**. Close contacts can only end their self-isolation if they get a negative PCR test on day 6.

It is **important** that your close contacts call us so that we can advise them about self-isolation and establish the correct dates for their tests. When they call us, they will get referrals for the two PCR tests on coronaprover.dk and more time slots will become available. **Ask you close contacts to call +45 32 32 05 11, press 2.**

Your close contacts can get more information in [the Danish Health Authority's guide for close contacts](#)

You may be entitled to sickness benefit

You may be entitled to sickness benefit when you cannot go to work. In order to receive sickness benefit you must meet the conditions in the Danish Sickness Benefits Act. This also applies for close contacts. Contact your municipality for information on how to claim sickness benefit.

#### Contact information

If you have any questions about infection, self-isolation or close contacts, please call **+45 32 32 05 11, press 1**. Phones are open from 8 am until 10 pm every day, including weekends.

Close contacts can call the same number **+45 32 32 05 11 and press 2**.

If you have any questions about treatment of your illness, please call your general practitioner. Remember not to show up at your general practitioner's office without an appointment.

Regards


The Danish Patient Safety Authority


For your close contacts


## You have been in close contact with a person who is infected with coronavirus

You must self-isolate and get 2 tests for coronavirus in order to prevent the virus from spreading.

You must do the following:

1  Self-isolate as if you have coronavirus  
If you are fully vaccinated and it has been 14 days since your second injection and you do not have any symptoms, you do not need to self-isolate. You must still get the 2 tests as described below.

2  Call this number to get referral for the tests and to find out which days you must be tested: +45 3232 0511  
Then book appointments for the 2 tests at: coronaprover.dk

3  Get the first test  
You may leave your home to be tested. Remember a face mask.


### Negative test



The first test does not show that you have coronavirus  
Stay in isolation until you have completed your second test with a **negative result**.

It is important that you are tested again, even if the first test is negative.

The second test is negative as well.  
You no longer need to stay in isolation.

4  Get the second test that you booked

### Positive test



The test shows that you have coronavirus.  
You must stay in isolation.

- If you do not have symptoms, stay in isolation until 7 days after the test.
- If you have symptoms, stay in isolation until 48 hours after the symptoms are gone.

You do not need a new test after your isolation.

Read more about what it means to be a close contact in the Danish Health Authority's guide for close contacts: Visit [bit.ly/closecontactcorona](https://bit.ly/closecontactcorona) or call 32 32 05 11

You can also download the app

